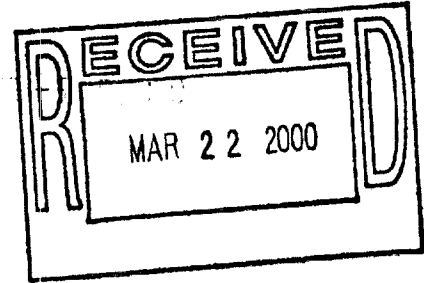




TIANSHI

HEALTH PRODUCTS INC.



March 10, 2000

Dr. Elizabeth Yetley
Office of Special Nutritional (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street SW
Washington, D.C. 20204

RE: Notification of Product Claims

Dear Dr. Yetley:

This letter serves as notification of the nutritional support label statements being made by Tianshi Health Products, Inc., located at 728 - 134th Street SW, Suite #222, Everett, WA 98204, in connection with the marketing of its line of dietary supplements. A list of the products and their respective nutritional support statements are listed in the attached Exhibit "A".

Tianshi Health Products, Inc. certifies that the information contained in this notice is complete and accurate, and that the company maintains documentation to substantiate that its product claims are truthful and not misleading.

If you have any questions, please feel free to contact the undersigned.

Sincerely,

Maggie Li
Vice President
Tianshi Health Products, Inc.

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EXHIBIT A

1. Product: Tienshi Energy Balanced Essential System

A dietary supplement containing:

Proprietary Chinese Herbal Blend
Chinese Yam Root
Schisandra Fruit
Broomrape Herb
Chinese Dodder Seed
Eucommia Bark
Morinda Root
Achyranthes Root
Alisma Root
Rehmannia Raw Root
Asiatic Dogwood Fruit

Statements of Nutritional Support:

- Providing maximum herbal support for the healthy functioning of the kidneys.
- This formula directly supports your immune system, stamina and sexuality to work more efficiently, while nourishing your Yin and Yang energies in the kidneys.

2. Product: Tienshi Energy Balanced Essential System Formulated with Bio-Calcium

A dietary supplement containing:

Calcium (as bone meal)
Proprietary Chinese Herbal Blend
Chinese Yam Root
Schisandra Fruit
Broomrape Herb
Chinese Dodder Seed
Eucommia Bark
Morinda Root
Achyranthes Root
Alisma Root
Rehmannia Raw Root
Asiatic Dogwood Fruit)

Statements of Nutritional Support:

- Providing maximum herbal support for the healthy functioning of the kidneys.
- This formula directly supports your immune system, stamina and sexuality to work more efficiently, while nourishing your Yin and Yang energies in the kidneys.

3. Product: Tienshi Energy Balanced Immune System

A dietary supplement containing:

Vitamin A (as vitamin A acetate And 50% as beta carotene)	Zinc (as zinc amino acid acetate)
Vitamin C (as ascorbic acid)	Selenium (as selenium amino acid chelate)
Vitamin E (dl-alpha Tocopheryl acetate)	Copper (as copper citrate)
Thiamin (as thiamin mononitrate)	Manganese (as manganese citrate)
Riboflavin	Chromium (as chromium polynicotinate)
Niacin (as niacinamide)	Molybdenum (as molybdenum citrate)
Vitamin B6 (as pyridoxine hydrochloride)	Cordyceps Fungus Fruiting Body (cyanocobalamin)
Folic Acid	Boron (as boron citrate)
Vitamin B12	Vanadium (as vanadium citrate)
Biotin	
Pantothenic Acid (as calcium pantothenate)	
Magnesium (as magnesium oxide)	

Statements of Nutritional Support:

- Providing maximum herbal support for the healthy functioning of the immune system.
- It assists you in gaining a healthy functioning immune system, enhancing the efficiency of your lungs and giving you more energy.
- It assists in maintaining a healthy immune system and in boosting stamina.

4. Product: Tienshi Energy Balanced Cardio System

A dietary supplement containing:

Vitamin A (as vitamin A acetate and 50% as beta carotene)	Zinc (as zinc amino acid chelate)
Vitamin C (as ascorbic acid)	Selenium (as selenium amino acid chelate)
Vitamin E (as dl-alpha tocopheryl acetate)	Copper (as copper citrate)
Thiamin (as thiamin mononitrate)	Manganese (as manganese citrate)
Riboflavin	Chromium (as chromium polynicotinate)
Niacin (as niacinamide)	Molybdenum (as molybdenum citrate)
Vitamin B6 (as pyridoxine hydrochloride)	Proprietary Blend
Folic Acid	Carrot Rowder
Vitamin B12 (as cyanocobalamin)	Gynostemma Stem
Biotin	Green Tea Polyphenols
Pantothenic Acid (as calcium pantothenate)	Boron (as boron citrate)
Calcium (as calcium carbonate)	Vanadium (as vanadium citrate)
Magnesium (as magnesium oxide)	

Statements of Nutritional Support:

- Providing maximum herbal support for the healthy functioning of the heart and circulation system.
- Providing maximum herbal support for the healthy functioning of the heart and circulation system.
- Tienshi Energy Balanced Cardio System assists the body in maintaining healthy cholesterol levels and promoting the healthy functioning of your heart and immune systems.
- Tienshi Energy Balanced Cardio System especially benefits and maintains your circulatory system, keeping it healthy. From yard work to sports, this supplement allows your body to process oxygen more efficiently.
- Provides maximum herbal support for a healthy heart and circulatory system.
- It also helps maintain healthy cholesterol levels and assists in restful sleep.

5. Product: Tienshi Energy Balanced Healthy Skin and Anti-Oxidant**A dietary supplement containing:**

Vitamin C
Vitamin E (as d-alpha tocopheryl acetate)
Calcium (from calcium carbonate and seabuckthorn seed oil)
Seabuckthorn Seed Oil (hippophae rhamnoides)

Statements of Nutritional Support:

- Purifies and helps maintain youthful, healthy and vibrant skin and energy.
- Seabuckthorn Seed Oil has the ability to eliminate free radicals and to support the body's natural immune defense mechanisms.
- The naturally existing calcium in this oil actively maintains healthy bones.
- This Seabuckthorn Seed Oil Tonic is ideal for improving over all body condition.
- Enhancing your complexion and hair by supporting the proper functioning of your digestive system.
- It provides nutritional support internally and externally producing healthy, vibrant, youthful tissue, inside and out.

6. Product: Tienshi Energy Balanced Internal Cleanser**A dietary supplement containing:**

Chinese Goldthread Root
Baikal Skullcap Root
Chinese Rhubarb Root
Bitter Orange Fruit
Figwort Root

Statements of Nutritional Support:

- Promotes the natural elimination of waste from the body.
- Tianshi Balanced Internal Cleanser promotes the natural elimination of waste from your digestive system.
- It promotes the natural elimination of toxins and pollutants from the body.

7. Product: Tianshi Energy Balanced Triple Ginseng Plus**A dietary supplement containing:**

Oriental ginseng root
America ginseng root
Siberia ginseng root
Red rooted sage root

Statements of Nutritional Support:

- Three Ginsengs enhanced with Dan Shen Providing superior energy naturally.
- Providing superior energy naturally.
- Triple Ginseng Plus is specifically designed to increase your energy level efficiently, while giving you an immediate and balanced energy boost.
- (Dan Shen) To help balance the three ginsengs, and to act as a vehicle in transporting them more efficiently to every part of your body.
- Dan Shen also helps to maintain cardiovascular function and a healthy circulatory system.
- This Ginseng trio, along with Dan Shen, helps your body adapt to stress in everyday living; giving your body more energy balance.

General Claim:

- Our products are designed to work together to maximize the revitalization of internal systems.